

Framework for teaching – Stage 1 TERM 3 WEEK 5

	Monday	Tuesday Zoom 9.30am	Wednesday	Thursday Zoom 10.30am Zoom 1.50pm	Friday Zoom 10.30am
Morning	<p>Morning Routine Today is day 113.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Monday activities in the booklet.</p>	<p>Morning Routine Today is day 114.</p> <p><u>ONLINE:</u> ZOOM: 9.30AM CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON If you are unable to join the Zoom, complete the paper task.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Tuesday activities in the booklet.</p>	<p>Morning Routine Today is day 115.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Wednesday activities in the booklet.</p>	<p>Morning Routine Today is day 116.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Thursday activities in the booklet.</p>	<p>ZOOM: 10.30am CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON</p> <p>Morning Routine Today is day 117.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Friday activities in the booklet.</p>
Break		Crunch and Sip	Crunch and Sip	Crunch and Sip	Crunch and Sip
	<p>English</p> <p>Phonics <u>ONLINE:</u> Watch Lesson 1 phonics video on Seesaw and follow along, recording your work in your exercise book.</p>	<p>English</p> <p>Writing <u>ONLINE:</u> Complete Writing lesson 1 on Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete Writing lesson 1 in the booklet.</p>	<p>English</p> <p>Writing <u>ONLINE:</u> Complete Writing lesson 2 on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete Writing lesson 2 in the booklet.</p>	<p>English</p> <p>Writing <u>ONLINE:</u> Complete Writing lesson 3 on Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete Writing lesson 3 in the booklet.</p>	<p>English</p> <p>Reading Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river now?</p>

	<p><u>ON PAPER/ IN BOOK:</u> YEAR 1 - Tell a family member the Unit 5 phonemes correctly and read the Unit 5 Camera Words.</p> <p>Blend these words using the Unit 5 phonemes</p> <p>snake</p> <p>cake</p> <p>apron</p> <p>shake</p> <p>spade</p> <p>plate</p> <p>YEAR 2 - Tell a family member the Unit 9 phonemes correctly and read the Camera Words.</p> <p>Blend these words using the Unit 9 phonemes</p> <p>sauce</p>	<p>Reading Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river now?</p> <p>Year 1 You will have: <u>The Band</u> and <u>Lazy Blake</u></p> <p>Year 2 You will have: <u>Lazy Blake</u> and <u>Walk the Dinosaur</u></p> <p><u>ONLINE:</u> Record yourself reading the texts and upload them to Seesaw. If you have</p> <p><u>The Band -</u> Have you ever been swimming like Ron and Ken? Have you ever read another book about people swimming? Record yourself telling your teacher about the book and upload it to Seesaw.</p>	<p>Fine Motor Ask an adult to cut you off a long piece of string and tie the end in a large knot. Then thread dry cereal such as Fruit Loops to make a colourful necklace and bracelets.</p> 	<p>Phonics <u>ONLINE:</u> ZOOM: 10.30am CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON</p> <p>If you could not join our phonics Zoom lesson this morning, watch Lesson 2 phonics video on Seesaw and follow along, recording your work on paper.</p> <p><u>ON PAPER/ IN BOOK:</u> YEAR 1 - Tell a family member the Unit 5 phonemes correctly and read the Unit 5 Camera Words.</p> <p>Blend these words using the Unit 5 phonemes</p> <p>train</p> <p>pastry</p> <p>clay</p> <p>plane</p>	<p>Year 1 You will have: <u>The Band</u> and <u>Lazy Blake</u></p> <p>Year 2 You will have: <u>Lazy Blake</u> and <u>Walk the Dinosaur</u></p> <p><u>ONLINE:</u> Record yourself reading one or both texts and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Read one or both of the texts with your parent.</p> <p>Phonics <u>ON PAPER/ IN BOOK:</u></p> <p>Complete work in phonics booklet for Lesson 3.</p>
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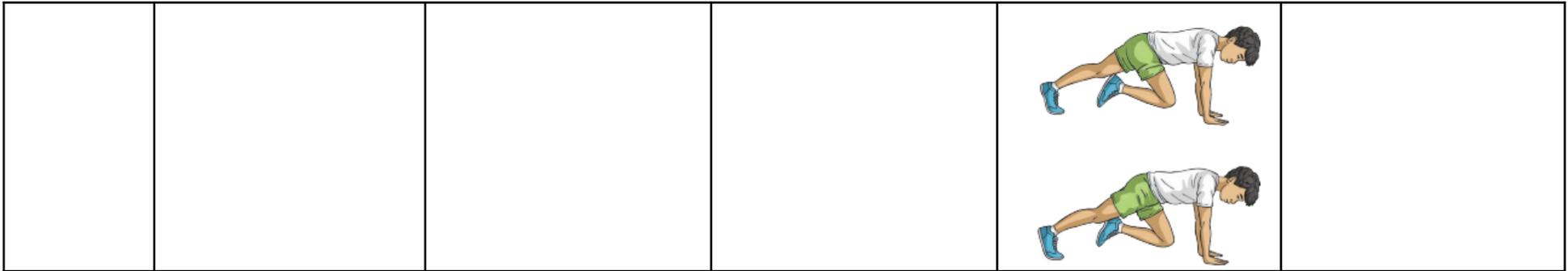
	<p>hawk</p> <p>corn</p> <p>haunt</p> <p>stall</p> <p>swore</p> <p>Reading Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river?</p> <p>Year 1 You will have: <u>The Band</u> and <u>Lazy Blake</u></p> <p>Year 2 You will have: <u>Lazy Blake</u> and <u>Walk the Dinosaur</u></p>	<p><u>Lazy Blake</u> - Take a photo of a game you like to play and upload it to Seesaw!</p> <p><u>Walk the Dinosaur</u> - Write and draw a fact about your favourite dinosaur and upload it to seesaw!</p> <p><u>ON PAPER/ IN BOOK:</u> Read one or both of your texts. After reading can you:</p> <p>The Band Have you ever been swimming like Ron and Ken? Have you ever read another book about people swimming? Discuss it with someone in your family.</p> <p><u>Lazy Blake</u> Make a list of all the games you like to play at home.</p> <p><u>Walk the Dinosaur</u> Make a list of all the dinosaurs you can think of.</p>		<p>snail</p> <p>late</p> <p>YEAR 2 -</p> <p>Tell a family member the Unit 9 phonemes (in your pack) correctly and read the Camera Words.</p> <p>Blend these words using the Unit 9 phonemes</p> <p>snowfall</p> <p>draw</p> <p>yawn</p> <p>tallest</p> <p>forty</p> <p>claw</p>	
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	<p><u>ONLINE:</u> Record yourself reading the book and upload it to Seesaw. Record yourself giving your retell with at least 6 retell points and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Read one or both of the texts with your parent. After you have read the texts, tell your family at least 6 retell points</p>				
Break	<p>Break FITNESS Go outside or find a space inside and pretend to: flutter like a butterfly, wriggle like a worm, gallop like a horse, plod along like a tortoise and stomp like an elephant. Can you think of another animal you could pretend to be?</p>	<p>Break FITNESS Go outside and ride your bike, scooter or jump on your trampoline. You could also go for a walk with an adult to the park.</p>	<p>Break FITNESS Practise throwing and catching different soft objects from around your home. You could scrunch up a piece of paper or grab a tea towel from the kitchen and tie it into a knot. Practice throwing it up into the air. Which one is easier to catch?</p>	<p>Break FITNESS Go outside and play with your dog, draw hopscotch with some chalk on the footpath, play tip with your family.</p>	<p>Break FITNESS ROCK IT OUT! Dance to your favourite song.</p>
Middle	<p>Mathematics Minute Maths Complete the Monday Minute Maths Column in your booklet or on</p>	<p>Mathematics Minute Maths Complete the Tuesday Minute Maths Column in your booklet or on</p>	<p>Mathematics Minute Maths Complete the Wednesday Minute Maths Column in your</p>	<p>Mathematics Minute Maths Complete the Thursday Minute Maths Column in your booklet or on</p>	<p>Mathematics Minute Maths Complete the Friday Minute Maths Column in your booklet or on</p>

	<p>Seesaw.</p> <p>Problem of the day Solve the Monday Problem of the Day in your booklet or in Seesaw.</p> <p>Maths Topic Lesson: Time <i>We tell the time so we know when different events happen throughout the day. Either in the morning, noon or at night. We can use an analog clock with a minute hand (this is the longer hand) and an hour hand (shorter) to tell the time. Look around your house? Do you have an analog clock on the wall? Do your parents wear an analog watch?</i></p> <p><u>ONLINE:</u> Complete the Monday</p>	<p>Seesaw.</p> <p>Problem of the day Solve the Tuesday Problem of the Day in your booklet or in Seesaw.</p> <p>Maths Topic Lesson: Time</p> <p><u>ONLINE:</u> <u>ON PAPER/ IN BOOK:</u> Complete the Tuesday Time activity in your booklet or on Seesaw.</p>	<p>booklet or on Seesaw.</p> <p>Problem of the day Solve the Wednesday Problem of the Day in your booklet or in Seesaw.</p> <p>Maths Topic Lesson: Time</p> <p><u>ONLINE:</u> <u>ON PAPER/ IN BOOK:</u> Complete the Wednesday Time activity in your booklet or on Seesaw.</p>	<p>Seesaw.</p> <p>Problem of the day Solve the Thursday Problem of the Day in your booklet or in Seesaw.</p> <p>Maths Topic Lesson: Time</p> <p><u>ONLINE:</u> <u>ON PAPER/ IN BOOK:</u> Complete the Thursday Time activity in your booklet or on Seesaw.</p>	<p>Seesaw.</p> <p>Problem of the day Solve the Friday Problem of the Day in your booklet or in Seesaw.</p> <p>Maths Topic Lesson: Time</p> <p><u>ONLINE:</u> <u>ON PAPER/ IN BOOK:</u> Complete the Friday Time activity in your booklet or on Seesaw.</p>
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	<p>activity in your booklet. Take a photo and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete the Monday activity in your booklet.</p>				
Break		Break	Break	Break	Break
Afternoon	<p>CAPA - Drama <u>ONLINE:</u> Video yourself doing the following and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Collect a bag of props from around the classroom or home. They can be as simple as you like - things like soap or a hat. Pick one prop and come up with a quick performance using it for anything other than its designed use. For example, if you pick a hairbrush, you can pretend it's a microphone to sing a song or use it as a phone to pretend to</p>	<p>Geography</p> <p>In Australia winter is in the months of June, July and August. During winter, you may notice that the days are shorter. This is because there are fewer daylight hours in winter. The sun rises later and sets earlier. A day is still 24 hours but we have less hours of sunlight and more hours of darkness. What happens to the weather in winter? Does it snow in Australia? Where? What happens to plants in winter? What do some animals do in winter? Complete the worksheet in your pack.</p>	<p>Science and Technology <u>ONLINE:</u> Click on the link on Seesaw to play the Garden Detective game. Discuss the following questions with a family member - What different living things did you find in the digital garden? Where in the digital garden did you find the small animals? What different body parts did the small animals have? Go outside and have a look around in your garden to investigate small animals and record your observations in your workbook.</p>	<p>ZOOM: 1.50pm CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON Storytime - join Mrs Cornwell and Fred the Ted for a live reading of <u>Ellie's Dragon</u> by Bob Graham. Details will be posted in Seesaw.</p> <p>PDHPE <u>Healthy, Safe and Active Lifestyles</u></p> <p>Last week we learnt about eating a balanced diet. There are 5 food groups. These are: grains and cereals, vegetables and fruit, meat, dairy and fats and oils. You should enjoy a</p>	<p>Wellbeing/ Catch Up</p> <p>Sit or stand somewhere comfortable and close your eyes. Have an adult read the following to you and follow their directions:</p> <p>Sometimes we have those moments when we can't move or speak and we just freeze. But we can get better through practice and melt that freezing feeling away. Scrunch up all your muscles so you are as hard as a block of ice. Hold tight like an ice statue. Feet tense, legs tight, belly tight,</p>

	<p>make a phone call. Do this for all the props you collect</p>		<p><u>ON PAPER/ IN BOOK:</u> Go outside and have a look around in your garden to investigate small animals and record your observations in your workbook.</p>	<p>wide variety of nutritious foods from these five food groups each day. <u>ON PAPER/ IN BOOK:</u> Complete the activity in your book.</p> <p>Exercise Go outside into your backyard, take a walk to the park with an adult or find a space inside. Practise mountain climbers for 10 minutes. you will feel this in your arms and upper body.</p> <p>Start on the ground in a push-up position.</p>  <p>Bring each knee up to the elbow one at a time.</p>	<p>squeeze your fists, close your mouth, keep your eyes and jaw tight. Now slowly begin to melt and let go. Feel your chin, your mouth melt. Slowly open your eyes, feel your shoulders melt and hands let go. Take that feeling down to your legs and feet. Feel you melting away. Now, scrunch up again. Feel your muscles tighten, hands clenched, mouth tight. Now let go. This time imagine your block of ice is melting into the floor. Your muscles are getting softer as you melt. Let your fingers melt. Let your feet melt. Let your back melt. Now wiggle your fingers to wake them up. Wiggle your toes to wake them up. Open your eyes. Sit up slowly.</p>
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Optional Tasks - Stage 1 KSPS

Library Activity - Complete the library activity in your pack / posted on Seesaw and share a picture of your work. Go to the [Library Pages of the KSPS Learning hub](#) and listen to some great stories.

Please check the DoE Learning from Home hub or the KSPS Resource Hub website

<https://education.nsw.gov.au/teaching-and-learning/learning-from-home>

Do – Cosmic Kids Yoga on YouTube

Check out the ABC Kids website – abc.net.au OR Tim Faulkner from Australian Reptile Park on Facebook, Instagram & TikTok

Check out Taronga Zoo live cams on YouTube.

Login to Epic and read a story. You have your login details on your login sheet.

These are the mascots for the Tokyo 2020 Olympic Games. Australia will be hosting the Olympic Games in 2032, when you will be 17 or



18 or 19 years old. Can you design a mascot for the Australia Olympic Games?