



# Framework for teaching – Stage 1 TERM 3 WEEK 10

	Monday	Tuesday Zoom 9.30am	Wednesday	Thursday Zoom 10.15am Zoom 2.00pm	Friday Zoom 10.15am
	<b>BOOK WEEK FUN – Check out your Seesaw Classroom each morning for the book week activity for the day!</b>				
<b>Morning</b>	<p><b>Morning Routine</b> Today is day 138.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Monday activities in the booklet.</p>	<p><b>Morning Routine</b> Today is day 139.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Tuesday activities in the booklet.</p>	<p><b>Morning Routine</b> Today is day 140.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Wednesday activities in the booklet.</p>	<p><b>Morning Routine</b> Today is day 141.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Thursday activities in the booklet.</p>	<p><b>ZOOM: 10.15am</b> <b><u>CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON</u></b></p> <p><b>Morning Routine</b> Today is day 142.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Friday activities in the booklet.</p>
<b>Break</b>	<b>Crunch and Sip</b>	<b>Crunch and Sip</b>	<b>Crunch and Sip</b>	<b>Crunch and Sip</b>	<b>Crunch and Sip</b>
	<p><b>English Phonics</b> <b><u>ONLINE:</u></b> Watch Lesson 1 phonics video on Seesaw and follow along, recording your work on paper. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> YEAR 1 - Tell a family member the Unit 6 phonemes correctly and read the Unit 6 Camera Words. Blend these words using the Unit 6</p>	<p><b>English Writing</b> Watch the video of Writing Lesson 1 and - <b><u>ONLINE:</u></b> Complete Writing lesson 1 on Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete Writing lesson 1 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b>Phonics</b> <b><u>ONLINE:</u></b> <b>ZOOM: 9.30AM</b></p>	<p><b>English Writing</b> Watch the video of Writing Lesson 2 and - <b><u>ONLINE:</u></b> Complete Writing lesson 2 on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete Writing lesson 2 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b>Handwriting</b> <b><u>ONLINE:</u></b></p>	<p><b>English Writing</b> Watch the video of Writing Lesson 3 and - <b><u>ONLINE:</u></b> Complete Writing lesson 3 on Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete Writing lesson 3 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b>Reading</b> Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river now?</p> <p>Year 1 You will have:</p>	<p><b>English Reading</b> Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river now?</p> <p>Year 1 You will have: <u>My Bad Day</u> and <u>Shampoo</u></p> <p>Year 2 You will have: <u>Shampoo</u> and <u>Munch that Lunch!</u></p>

<p>phonemes</p> <p>lute tube mute dune dude plume</p> <p>YEAR 2 - Tell a family member the Unit 12 phonemes (in your pack) correctly and read the Camera Words. Blend these words using the Unit 12 phonemes</p> <p>chop fetch future chuck sketch capture</p> <p><b>Reading</b> Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river?</p> <p>Year 1 You will have: <u>My Bad Day and Shampoo</u></p> <p>Year 2 You will have: <u>Shampoo and Munch that Lunch!</u></p> <p><b><u>ONLINE:</u></b> Record yourself reading the book and upload it to Seesaw. Record yourself giving your retell with at least 6 retell points and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN</u></b></p>	<p><b><u>CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON</u></b> If you could not join our phonics Zoom lesson this morning, watch Lesson 2 phonics video on Seesaw and follow along, recording your work on paper. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> YEAR 1 - Tell a family member the Unit 6 phonemes correctly and read the Unit 6 Camera Words. Blend these words using the Unit 6 phonemes</p> <p>flute brute mule cute tune rude</p> <p>YEAR 2 - Tell a family member the Unit 12 phonemes correctly and read the Camera Words. Blend these words using the Unit 12 phonemes</p> <p>chip match picture crunch kitchen torture</p>	<p>Complete the worksheets in the booklet. Take a photo of your work and post it to Seesaw.</p> <p><b><u>ON PAPER/ IN BOOK:</u></b> Complete the worksheets in the booklet.</p>	<p><u>My Bad Day and Shampoo</u></p> <p>Year 2 You will have: <u>Shampoo and Munch that Lunch!</u></p> <p><b><u>ONLINE:</u></b> Record yourself reading the texts and upload them to Seesaw. If you have:</p> <p><u>My Bad Day</u> Have you ever read a book or seen a tv show/movie where a character has a bad day? Draw a picture of something that happened during the character's bad day. Record yourself answering these questions for your teacher and take a photo of your pictures. Upload them to Seesaw..</p> <p><u>Shampoo -</u> What are 3 things you could do to your hair to make it look different? Draw and label a picture of your new hairstyle and upload it to Seesaw.</p> <p><u>Munch that Lunch! -</u> Can you think of a sandwich with 3 yummy fillings? Watch the video of the story: <u>Carla's Sandwich</u> for some ideas: <a href="https://www.youtube.com/watch?v=M-aceEquCtY">https://www.youtube.com/watch?v=M-aceEquCtY</a> Draw and label your sandwich and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Read one or both of your texts. After reading can you:</p> <p><u>My Bad Day</u> Have you ever read a book or seen a tv show/movie where a character has a bad day? Draw a picture of something that happened during the character's bad day. Talk to a family member and answer these questions and show them your picture.</p>	<p><b><u>ONLINE:</u></b> Record yourself reading one or both texts and upload it to Seesaw. Can you think of a question you may ask one of the characters in your book if you met them? Record yourself telling your teacher what your questions would be and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Read one or both of the texts with a parent. Can you think of a question you may ask one of the characters in your book if you met them? Tell someone in your home what your questions would be.</p> <p><b>Phonics</b> <b><u>ONLINE:</u></b> Complete work in phonics booklet, take a photo and upload it to Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete work in phonics booklet for Lesson 3.</p>
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	<p><b><u>BOOK:</u></b> Read one or both of the texts with your parent. After you have read the texts, tell your family at least 6 retell points</p>			<p><b><u>Shampoo</u></b> - What are 3 things you could do to your hair to make it look different? Draw and label a picture of your new hairstyle.</p> <p><b><u>Munch that Lunch!</u></b> - Can you think of a sandwich with 3 yummy fillings? Watch the video of the story: <i>Carla's Sandwich</i> for some ideas: <a href="https://www.youtube.com/watch?v=M-aceEquCtY">https://www.youtube.com/watch?v=M-aceEquCtY</a> Draw and label your sandwich.</p>	
<b>Break</b>	<p><b>Break - FITNESS</b> Go outside or find a space inside and pretend to: Fly like a bird, walk like a crab, leap like a frog, chomp like an alligator Can you think of another animal you could pretend to be?</p>	<p><b>Break - FITNESS</b> Go outside and ride your bike, scooter or jump on your trampoline. You could also go for a walk with an adult to the park.</p>	<p><b>Break - FITNESS</b> Practise throwing and catching different <b>soft</b> objects from around your home. Try throwing a tissue. Is it easy to do?</p>	<p><b>Break - FITNESS</b> Go outside and enjoy the sunshine, have a picnic on the grass and play a game of backyard cricket, soccer or tips.</p>	<p><b>Break - FITNESS</b> ROCK IT OUT ! It's the last day of term. have a disco with your family, come with crazy hair and have fun dancing to your favourite songs.</p>
<b>Middle</b>	<p><b>Mathematics Minute Maths</b> Complete the Monday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Monday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: Fractions</b> <i>Fractions are equal parts of a whole, or equal parts of a collection.</i></p> <p><b><u>ON SEESAW or IN BOOKLET:</u></b> Complete the Monday</p>	<p><b>Mathematics Minute Maths</b> Complete the Tuesday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Tuesday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: Fractions</b> <b><u>ON SEESAW or IN BOOKLET:</u></b> Complete the Tuesday activity in your booklet or on Seesaw.</p>	<p><b>Mathematics Minute Maths</b> Complete the Wednesday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Wednesday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: Fractions</b> <b><u>ON SEESAW or IN BOOKLET:</u></b> Complete the Wednesday activity in your booklet or on Seesaw.</p>	<p><b>Mathematics ZOOM: 10.15am CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM Minute Maths</b> Complete the Thursday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Thursday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: Fractions</b> <b><u>ON SEESAW or IN BOOKLET:</u></b> Complete the Thursday activity in your booklet or on Seesaw.</p>	<p><b>Mathematics Minute Maths</b> Complete the Friday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Friday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: Fractions</b> <b><u>ON SEESAW or IN BOOKLET:</u></b> Complete the Friday activity in your booklet or on Seesaw.</p>

	activity in your booklet or on Seesaw.				
<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
<b>Afternoon</b>	<p><b>CAPA - Drama</b> <b><u>ONLINE:</u></b> Take a video of the following and upload to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Imagine you are the villain from a fairy tale and tell the story from your point of view. Are you the giant from Jack and the Beanstalk and you're sick of people climbing up the beanstalk stealing your things? Or are you Ursula from the Little Mermaid and you're just trying to keep Ariel in the sea so she stays safe? Or maybe you're the baby bear from Goldilocks and you keep leaving the door to the cottage unlocked because you're lonely and you just want to make a friend. Be as creative as you like!</p>	<p><b>BONUS Story Time</b></p> <p><b>ZOOM - 2 PM</b> <b><u>CHECK SEESAW OR EMAILS TO LOG IN TO OUR ZOOM LESSON</u></b></p> <p><b>Storytime</b> - Join Mrs Cornwell and Fred the Ted for a live reading of a story.</p> <p><b>Geography</b> <b><u>Weather and Seasons</u></b> In Writing you have been using your senses to describe a setting. Think about what the weather has been like lately. Does it feel warmer? Is the sun up earlier and going down later? Can you hear the birds chirping? Can you smell any flowers? Go outside and explore spring using your five senses.</p> <p><b><u>ONLINE OR ON PAPER/ IN BOOK:</u></b> Complete the worksheet in your book or online.</p>	<p><b>Science and Technology</b> <b><u>ONLINE:</u></b> Watch the YouTube video on Seesaw about worm farming and then discuss the following questions - What rooms do earthworms need in their house? What do earthworms need to feel happy? Why do earthworms need shelter? Have a look at the earthworm house diagrams and then draw your own making sure you include all the rooms your earthworms will need to feel happy.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Have a look at the earthworm house diagrams and then draw your own making sure you include all the rooms your earthworms will need to feel happy.</p>	<p><b>ZOOM - 2 PM</b> <b><u>CHECK SEESAW OR EMAILS TO LOG IN TO OUR ZOOM LESSON</u></b></p> <p><b>Storytime</b> - Join Mrs Cornwell and Fred the Ted for a live reading of a story.</p> <p><b>PDHPE</b> <b><u>Healthy, Safe and Active Lifestyles</u></b> September marks the start of Spring. The sun is out for longer and the days will be getting warmer. You will be wearing different clothes as you won't be so cold. What do we need to do to protect our skin from the sun? It is important to look after your skin when you're outside. You should slip on a shirt, slop on sunscreen, slap on a hat, seek out shade, and slide on sunglasses. Think about what you need when you go out into the sun.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete the activity in your book or online.</p> <p><b>Exercise</b> Go outside into your backyard, find a space inside or take a walk to the park with an adult. Practice side lunges for 10 minutes. 1. Start with your feet together.</p>  <p>2. Lunge to one side, bending at the knees and hips.</p>	<p><b>Wellbeing/ Catch Up</b> Mindful Listening</p> <p>You can have a parent guide you through this, or complete it independently by listening to the instructions on Seesaw.</p> <p>Practicing mindful listening may help you to improve the way you interact with others by allowing you to actively listen to what they have to say.</p> <p>Tip: you can listen to sounds you find around the house, or play a recording of sounds that you might hear in nature or other calming music.</p> <p>Find a place where you will hear the chosen sound without too many other sounds getting in the way. Sit somewhere comfortable.. Sit up straight. Gently close your eyes. Slowly breathe in through your nose and count 1, 2, 3 in your head. Hold the breath for 1, 2, 3. Slowly breathe out through your mouth and count 1, 2, 3 in your head. Focus on the sound that you have chosen. If you feel like you start to think of other things, try to change your attention back to the sound. Keep slowly breathing in and out and</p>

				 <p>3. Step your lunging foot back to the centre. 4. Lunge to the other side. 5. Keep your back straight.</p>	<p>counting 1, 2, 3 in your head. Keep your focus on the sound until it stops. When the sound has finished consider the questions below.</p> <p>Questions to think about</p> <ul style="list-style-type: none"> <li>• How did your body feel while you were listening? Was it relaxed or tight?</li> <li>• Was it easy or hard to focus on the sound?</li> <li>• Did you hear any other sounds? What were they?</li> <li>• How do you feel after this activity?</li> </ul>
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## Optional Tasks - Stage 1 KSPS

- **Library Activity** - Complete the library activity in your pack / posted on Seesaw and share a picture of your work. Go to the [Library Pages of the KSPS Learning hub](#) and listen to some great stories.
- Please check the DoE Learning from Home hub or the KSPS Resource Hub website: <https://education.nsw.gov.au/teaching-and-learning/learning-from-home>
- Do – Cosmic Kids Yoga on YouTube
- Check out the ABC Kids website – abc.net.au OR Tim Faulkner from Australian Reptile Park on Facebook, Instagram & TikTok
- Check out Taronga Zoo live cams on YouTube.
- Login to **Epic** and read a story. You have your login details on your login sheet.
- Login to **StudyLadder** and complete tasks that have been assigned to you. Login details are on your login sheet.
- Login to **Phonic Hero** to access extra phonics activities. Login details are on your login sheet.