

# Framework for teaching – Stage 1 TERM 3 WEEK 8

	Monday	Tuesday Zoom 9.30am	Wednesday	Thursday Zoom 10.15am Zoom 2.00pm	Friday Zoom 10.15am
<b>Morning</b>	<p><b>Morning Routine</b> Today is day 128.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Monday activities in the booklet.</p>	<p><b>Morning Routine</b> Today is day 129.</p> <p><b><u>ONLINE:</u></b> <b>ZOOM: 9.30AM</b> <b>CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON</b> If you are unable to join the Zoom, complete the paper task.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Tuesday activities in the booklet.</p>	<p><b>Morning Routine</b> Today is day 130.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Wednesday activities in the booklet.</p>	<p><b>Morning Routine</b> Today is day 131.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Thursday activities in the booklet.</p>	<p><b>ZOOM: 10.15am</b> <b>CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON</b></p> <p><b>Morning Routine</b> Today is day 132.</p> <p><b><u>ONLINE:</u></b> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete all of the Friday activities in the booklet.</p>
<b>Break</b>		<b>Crunch and Sip</b>	<b>Crunch and Sip</b>	<b>Crunch and Sip</b>	<b>Crunch and Sip</b>
	<p><b>English Phonics</b> <b><u>ONLINE:</u></b> Watch Lesson 1 phonics video on Seesaw and follow along, recording your work in your exercise book. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> YEAR 1 - Tell a family member the Unit 6 phonemes correctly and read the Unit 6 Camera Words. Blend these words using the Unit 6</p>	<p><b>English Writing</b> Watch the video and - <b><u>ONLINE:</u></b> Complete Writing lesson 1 on Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete Writing lesson 1 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b>Reading</b> Choose one or both of your decodable texts. Read one or both of your</p>	<p><b>English Writing</b> Watch the video and - <b><u>ONLINE:</u></b> Complete Writing lesson 2 on Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete Writing lesson 2 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b>Handwriting</b> <b><u>ONLINE:</u></b> Complete the worksheets in the booklet. Take a photo of</p>	<p><b>English Writing</b> Watch the video and - <b><u>ONLINE:</u></b> Complete Writing lesson 3 on Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete Writing lesson 3 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b>Phonics</b> <b><u>ONLINE:</u></b> <b>ZOOM: 10.15am CHECK SEESAW AND EMAILS TO</b></p>	<p><b>English Reading</b> Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river now?</p> <p>Year 1 You will have: <u>The Red Vest</u> and <u>Hoot the Owl</u></p> <p>Year 2</p>

<p>phonemes</p> <p>lute     prune brute    rule June    dude</p> <p>YEAR 2 - Tell a family member the Unit 11 phonemes correctly and read the Camera Words. Blend these words using the Unit 11 phonemes</p> <p>jam    edge tinge   page jet     ridge</p> <p><b>Reading</b> Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river?</p> <p>Year 1 You will have: <u>The Red Vest</u> and <u>Hoot the Owl</u></p> <p>Year 2 You will have: <u>Hoot the Owl</u> and <u>Message in a Bottle</u></p> <p><b><u>ONLINE:</u></b> Record yourself reading the book and upload it to Seesaw. Record yourself giving your retell with at least 6 retell points and upload it to Seesaw.</p>	<p>texts. Are you lifting the words off the page and reading like a river now?</p> <p>Year 1 You will have: <u>The Red Vest</u> and <u>Hoot the Owl</u></p> <p>Year 2 You will have: <u>Hoot the Owl</u> and <u>Message in a Bottle</u></p> <p><b><u>ONLINE:</u></b> Record yourself reading the texts and upload them to Seesaw. If you have:</p> <p><u>The Red Vest</u> Have you ever been in trouble for doing something wrong? Draw a picture of what you did wrong and record yourself telling your teacher about your experiences and upload it to Seesaw.</p> <p><u>Hoot the Owl</u> - What do you know about owls? Write 3 facts, draw a picture of an owl and upload to Seesaw!</p> <p><u>Message in a Bottle</u> - Write a 10-word message to your teacher and upload it to Seesaw!</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Read one or both of your texts. After reading can you:</p>	<p>your work and post it to Seesaw.</p> <p><b><u>ON PAPER/ IN BOOK:</u></b> Complete the worksheets in the booklet.</p>	<p><b>LOG IN TO OUR ZOOM LESSON</b> If you could not join our phonics Zoom lesson this morning, watch Lesson 2 phonics video on Seesaw and follow along, recording your work on paper. Once you have finished, take a photo and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> YEAR 1 - Tell a family member the Unit 6 phonemes correctly and read the Unit 6 Camera Words. Blend these words using the Unit 6 phonemes</p> <p>tube     roof chew    tool blue     blew</p> <p>YEAR 2 - Tell a family member the Unit 11 phonemes (in your pack) correctly and read the Camera Words. Blend these words using the Unit 11 phonemes</p> <p>pigeon    gently jug        ledge charge    tragic</p>	<p>You will have: <u>Hoot the Owl</u> and <u>Message in a Bottle</u></p> <p><b><u>ONLINE:</u></b> Record yourself reading one or both texts and upload it to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Read one or both of the texts with your parent.</p> <p><b>Phonics</b> <b><u>ONLINE:</u></b> Complete work in phonics booklet, take a photo and upload it to Seesaw</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete work in phonics booklet for Lesson 3.</p>
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	<p><b><u>OR ON PAPER/ IN BOOK:</u></b> Read one or both of the texts with your parent. After you have read the texts, tell your family at least 6 retell points</p>	<p><u>The Red Vest</u> Have you ever been in trouble for doing something wrong? Draw a picture of what you did wrong.</p> <p><u>Hoot the Owl -</u> What do you know about owls? Write 3 facts and draw a picture of an owl.</p> <p><u>Message in a Bottle -</u> Write a 10-word message to your teacher.</p>			
<b>Break</b>	<p><b>Break FITNESS</b> Go outside ride your bike or scooter for 10 -15 minutes</p>	<p><b>Break FITNESS</b> Go and play with your pet. If you don't have a pet, take your favourite stuffed toy outside and have a short picnic.</p>	<p><b>Break FITNESS</b> Play Simon Says with a family member. Make it fun. Some ideas are; shake your whole body, walk like a robot.</p>	<p><b>Break FITNESS</b> Go outside and spell your camera words using your arms. Try writing in fancy writing like bubble writing.</p>	<p><b>Break FITNESS</b> Play your favourite song and dance to it.</p>
<b>Middle</b>	<p><b>Mathematics Minute Maths</b> Complete the Monday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Monday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: <u>Division</u></b> <i>Division is sharing or grouping a number into equal parts.</i></p> <p><b><u>OR ON SEESAW or IN BOOKLET:</u></b> Complete the Monday activity in your booklet or on Seesaw.</p>	<p><b>Mathematics Minute Maths</b> Complete the Tuesday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Tuesday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: <u>Division</u></b></p> <p><b><u>OR ON SEESAW or IN BOOKLET:</u></b> Complete the Tuesday activity in your booklet or on Seesaw.</p>	<p><b>Mathematics Minute Maths</b> Complete the Wednesday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Wednesday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: <u>Division</u></b></p> <p><b><u>OR ON SEESAW or IN BOOKLET:</u></b> Complete the Wednesday activity in your booklet or on Seesaw.</p>	<p><b>Mathematics Minute Maths</b> Complete the Thursday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Thursday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: <u>Division</u></b></p> <p><b><u>OR ON SEESAW or IN BOOKLET:</u></b> Complete the Thursday activity in your booklet or on Seesaw.</p>	<p><b>Mathematics Minute Maths</b> Complete the Friday Minute Maths Column in your booklet or on Seesaw.</p> <p><b>Problem of the day</b> Solve the Friday Problem of the Day in your booklet or on Seesaw.</p> <p><b>Maths Topic Lesson: <u>Division</u></b></p> <p><b><u>OR ON SEESAW or IN BOOKLET:</u></b> Complete the Friday activity in your booklet or on Seesaw.</p>
<b>Break</b>		<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
<b>Afternoon</b>	<b>CAPA - Drama</b>	<b>Geography</b>	<b>Science and Technology</b>	<b>ZOOM - 2 PM</b>	<b>Wellbeing/ Catch Up</b>

	<p><b><u>ONLINE:</u></b> Take a video of the following and upload to Seesaw.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Find a family member to be your partner. You are going to create a story, taking turns to add a sentence. The story can be about whatever you want, the only rule is one person must always start with “fortunately...” and the other person must always start with “unfortunately...”. For example: -Unfortunately, my flight hit some turbulence. -Fortunately, it didn’t last too long. -Unfortunately, the turbulence caused the engine to fail. -Fortunately, there were parachutes on board.</p> <p>Once your story is finished, swap with your partner so you both have a go at starting with the other word.</p>	<p><b>Weather and Seasons</b> In Morning Routine we often discuss the weather. We may look up the temperature or we may talk about seasons. Do you know how many seasons we have in Australia? are they at the same time in other parts of the world?</p> <p><b><u>ONLINE OR ON PAPER/ IN BOOK:</u></b> Complete activity in your book or on seesaw.</p>	<p><b><u>ONLINE:</u></b> Watch the video on the life cycle of a butterfly to refresh your memory and then discuss these questions with a family member - What are the life stages of a butterfly? What do caterpillars eat? What are the main differences between the external features of a caterpillar and the external features of a butterfly? Look at the diagram showing the external features of a butterfly and then complete the activity.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Discuss these questions with a family member - What are the life stages of a butterfly? What do caterpillars eat? What are the main differences between the external features of a caterpillar and the external features of a butterfly? Look at the diagram showing the external features of a butterfly and then complete the activity.</p>	<p><b>CHECK SEESAW OR EMAILS TO LOG IN TO OUR ZOOM LESSON</b></p> <p><b>Storytime</b> - Join Mrs Cornwell and <b>Fred the Ted</b> for a live reading of a story.</p> <p><b>PDHPE</b> <b><u>Healthy, Safe and Active Lifestyles</u></b> Eating a balanced diet is one way we need to take care of our bodies. What else do we need to do to stay healthy? That’s right we need to exercise and we need to look after our hygiene. This week we will look at personal hygiene routines.</p> <p><b><u>OR ON PAPER/ IN BOOK:</u></b> Complete the activity in your workbook or on seesaw.</p> <p><b>Exercise</b> Go outside and into your backyard or take a walk to the park and play a game of tag. If you can’t go outside then play a game inside of hide and seek.</p>	<p>Mindful eating</p> <p>Eating is something that is rarely done mindfully by young people or adults. Mindful eating is a valuable task to slow down the mind and become more focused on the present.</p> <p>Choose a food you love to eat Maybe a piece of your favourite fruit.</p> <p>Sit somewhere comfortable and quiet. Close your eyes and hold the food you have chosen in your hand.</p> <p>What shape is the food? Is it heavy or light?</p> <p>Slowly breathe in through your nose and count 1, 2, 3 in your head. Hold the breath for 1, 2, 3. Slowly breathe out through your mouth and count 1, 2, 3 in your head. Hold the food up to your nose and take a deep breath in and count 1, 2, 3 in your head.</p> <p>What does the food smell like? How does the food make you feel?</p> <p>Take a small bite and keep the food on your tongue for a moment.</p> <p>What does the food feel like</p>
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					<p>on your tongue? What can you taste?</p> <p>Swallow the food.</p> <p>What did the food taste like? Was it sweet or salty or bitter? What did the food feel like as it went down your throat?</p> <p>Try these steps again with bigger or smaller bites and ask the same questions. Keep going until you finish the food.</p>
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## Optional Tasks - Stage 1 KSPS

- **Library Activity** - Complete the library activity in your pack / posted on Seesaw and share a picture of your work. Go to the [Library Pages of the KSPS Learning hub](#) and listen to some great stories.
- Please check the DoE Learning from Home hub or the KSPS Resource Hub website: <https://education.nsw.gov.au/teaching-and-learning/learning-from-home>
- Do – Cosmic Kids Yoga on YouTube
- Check out the ABC Kids website – abc.net.au OR Tim Faulkner from Australian Reptile Park on Facebook, Instagram & TikTok
- Check out Taronga Zoo live cams on YouTube.
- Login to **Epic** and read a story. You have your login details on your login sheet.
- Login to **StudyLadder** and complete tasks that have been assigned to you. Login details are on your login sheet.
- Login to **Phonic Hero** to access extra phonics activities. Login details are on your login sheet.