


Framework for teaching – Stage 1 TERM 3 WEEK 7

	Monday	Tuesday Zoom 9.30am	Wednesday	Thursday Zoom 10.15am Zoom 2.00pm	Friday Zoom 10.15am
Morning	<p>Morning Routine Today is day 123.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Monday activities in the booklet.</p>	<p>Morning Routine Today is day 124.</p> <p><u>ONLINE:</u> ZOOM: 9.30AM CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON If you are unable to join the Zoom, complete the paper task.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Tuesday activities in the booklet.</p>	<p>Morning Routine Today is day 125.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Wednesday activities in the booklet.</p>	<p>Morning Routine Today is day 126.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Thursday activities in the booklet.</p>	<p>ZOOM: 10.15am CHECK SEESAW AND EMAILS TO LOG IN TO OUR ZOOM LESSON</p> <p>Morning Routine Today is day 127.</p> <p><u>ONLINE:</u> Follow the prompts in the Morning Routine lesson on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete all of the Friday activities in the booklet.</p>
Break		Crunch and Sip	Crunch and Sip	Crunch and Sip	Crunch and Sip
	<p>English Phonics <u>ONLINE:</u> Watch Lesson 1 phonics video on Seesaw and follow along, recording your work in your exercise book. Once you have finished, take a photo and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> YEAR 1 - Tell a family member the Unit 6</p>	<p>English Writing <u>ONLINE:</u> Complete Writing lesson 1 on Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete Writing lesson 1 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p>Reading Choose one or both of your decodable texts. Read one or both of your</p>	<p>English Writing <u>ONLINE:</u> Complete Writing lesson 2 on Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Complete Writing lesson 2 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p>Handwriting</p> <p><u>ON PAPER/ IN BOOK:</u> Complete the worksheets</p>	<p>English Writing <u>ONLINE:</u> Complete Writing lesson 3 on Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete Writing lesson 3 in the booklet. Once you have finished, take a photo and upload it to Seesaw.</p> <p>Phonics <u>ONLINE:</u> ZOOM: 10.15am CHECK SEESAW AND</p>	<p>English Reading Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river now?</p> <p>Year 1 You will have: <u>The Zoo</u> and <u>My Blue Room</u></p>

	<p>phonemes correctly and read the Unit 6 Camera Words. Blend these words using the Unit 6 phonemes</p> <p>moon clue chew boot blue blew</p> <p>YEAR 2 - Tell a family member the Unit 10 phonemes correctly and read the Camera Words. Blend these words using the Unit 10 phonemes</p> <p>pear air bear fairy there hare</p> <p>Reading Choose one or both of your decodable texts. Read one or both of your texts. Are you lifting the words off the page and reading like a river?</p> <p>Year 1 You will have: <u>The Zoo</u> and <u>My Blue Room</u></p> <p>Year 2 You will have: <u>My Blue Room</u> and <u>Clare's Haircut</u></p>	<p>texts. Are you lifting the words off the page and reading like a river now?</p> <p>Year 1 You will have: <u>The Zoo</u> and <u>My Blue Room</u></p> <p>Year 2 You will have: <u>My Blue Room</u> and <u>Clare's Haircut</u></p> <p><u>ONLINE:</u> Record yourself reading the texts and upload them to Seesaw. If you have</p> <p><u>The Zoo</u> Have you been to the zoo? How did you get there? Record yourself telling your teacher about your experiences and upload it to Seesaw.</p> <p><u>My Blue Room</u> - Draw or take a photo of your bedroom and upload it to Seesaw!</p> <p><u>Clare's Haircut</u> - Draw a picture of a crazy haircut and upload it to seesaw!</p> <p><u>ON PAPER/ IN BOOK:</u></p>	<p>in the booklet. Take a photo of your work and post it to Seesaw.</p>	<p>EMAILS TO LOG IN TO OUR ZOOM LESSON If you could not join our phonics Zoom lesson this morning, watch Lesson 2 phonics video on Seesaw and follow along, recording your work on paper. Once you have finished, take a photo and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> YEAR 1 - Tell a family member the Unit 6 phonemes correctly and read the Unit 6 Camera Words. Blend these words using the Unit 6 phonemes</p> <p>glue flute true threw lute prune</p> <p>YEAR 2 - Tell a family member the Unit 10 phonemes (in your pack) correctly and read the Camera Words. Blend these words using the Unit 10 phonemes</p> <p>stair chair share nowhere glare dairy</p>	<p>Year 2 You will have: <u>My Blue Room</u> and <u>Clare's Haircut</u></p> <p><u>ONLINE:</u> Record yourself reading one or both texts and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Read one or both of the texts with your parent.</p> <p>Phonics <u>ONLINE:</u> Complete work in phonics booklet, take a photo and upload it to Seesaw. Once you have finished, take a photo and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Complete work in phonics booklet for Lesson 3.</p>
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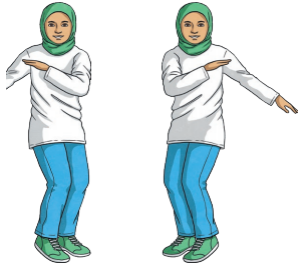
	<p><u>ONLINE:</u> Record yourself reading the book and upload it to Seesaw. Record yourself giving your retell with at least 6 retell points and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> Read one or both of the texts with your parent. After you have read the texts, tell your family at least 6 retell points</p>	<p>Read one or both of your texts. After reading can you:</p> <p><u>The Zoo</u> Have you been to the zoo? How did you get there? Tell someone in your home about your experiences.</p> <p><u>My Blue Room -</u> Draw a picture of your bedroom and label it.</p> <p><u>Clare's Haircut</u> Draw a picture of a crazy haircut and label it.</p>			
Break	<p>Break FITNESS Go outside and skip with or without a rope for 10-15minutes</p>	<p>Break FITNESS Go on a nature walk in your backyard. See if you can find something that starts with the last letter in your first name.</p>	<p>Break FITNESS Today is the 125th day of learning. Go outside and challenge yourself to do 125 star jumps or 125 high knees or bounce a ball 125 times.</p>	<p>Break FITNESS Choose your favourite sport or outdoor activity and play for 20 minutes (remember it has to be an outdoor activity)</p>	<p>Break FITNESS Play your favourite song and dance to it!</p>
Middle	<p>Mathematics Minute Maths Complete the Monday Minute Maths Column in your booklet or on Seesaw.</p> <p>Problem of the day Solve the Monday Problem of the Day in</p>	<p>Mathematics Minute Maths Complete the Tuesday Minute Maths Column in your booklet or on Seesaw.</p> <p>Problem of the day Solve the Tuesday Problem of the Day in</p>	<p>Mathematics Minute Maths Complete the Wednesday Minute Maths Column in your booklet or on Seesaw.</p> <p>Problem of the day Solve the Wednesday Problem of the Day in</p>	<p>Mathematics Minute Maths Complete the Thursday Minute Maths Column in your booklet or on Seesaw.</p> <p>Problem of the day Solve the Thursday Problem of the Day in</p>	<p>Mathematics Minute Maths Complete the Friday Minute Maths Column in your booklet or on Seesaw.</p> <p>Problem of the day Solve the Friday Problem of the Day in</p>

	<p>your booklet or on Seesaw.</p> <p>Maths Topic Lesson: Data Data is a collection of information that we find by asking questions or through observations. We have to decide what questions to ask and how we will collect and show the answers. There are many ways to do this. Often data is organised into graphs or charts.</p> <p><u>ON SEESAW or IN BOOKLET:</u> Complete the Monday activity in your booklet or on Seesaw.</p>	<p>your booklet or on Seesaw.</p> <p>Maths Topic Lesson: Data</p> <p><u>ON SEESAW or IN BOOKLET:</u> Complete the Tuesday activity in your booklet or on Seesaw.</p>	<p>your booklet or on Seesaw.</p> <p>Maths Topic Lesson: Data</p> <p><u>ON SEESAW or IN BOOKLET:</u> Complete the Wednesday activity in your booklet or on Seesaw.</p>	<p>your booklet or on Seesaw.</p> <p>Maths Topic Lesson: Data</p> <p><u>ON SEESAW or IN BOOKLET:</u> Complete the Thursday activity in your booklet or on Seesaw.</p>	<p>your booklet or on Seesaw.</p> <p>Maths Topic Lesson: Data</p> <p><u>ON SEESAW or IN BOOKLET:</u> Complete the Friday activity in your booklet or on Seesaw. .</p>
Break	Break	Break	Break	Break	Break
Afternoon	<p>CAPA - Drama <u>ONLINE:</u> Take photos of the following and upload them to Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> How many letters can you make using your body? You might like to get a family member to</p>	<p>Geography Last week you made a thermometer to measure the temperature. I wonder if you have noticed the weather lately? I have noticed that most days have been windy. How do we measure the wind? Wind is described in</p>	<p>Science and Technology <u>ONLINE:</u> With a family member, discuss which young animals look similar to their adult versions and which young animals look completely different to their adult versions. Watch the video and</p>	<p>ZOOM - 2 PM CHECK SEESAW OR EMAILS TO LOG IN TO OUR ZOOM LESSON</p> <p>Storytime - Join Mrs Cornwell and Fred the Ted for a live reading of a story.</p>	<p>Wellbeing/ Catch Up Breathing together</p>

	<p>help you for some letters.</p> 	<p>terms of its strength or speed and the compass direction from which it is blowing. Today you are going to make your own tool to measure the direction wind blows.</p> <p><u>ONLINE:</u> Follow the directions on Seesaw. Take a photo of your finished product and upload it to Seesaw</p> <p><u>ON PAPER/ IN BOOK:</u> Follow the directions in your booklet.</p>	<p>then complete the online activity on the life cycle of a butterfly. Alternatively, you can complete the butterfly life cycle activity in your workbook. Take a photo and upload it to Seesaw.</p> <p><u>ON PAPER/ IN BOOK:</u> With a family member, discuss which young animals look similar to their adult versions and which young animals look completely different to their adult versions. Complete the butterfly life cycle activity in your workbook.</p>	<p>PDHPE <u>Healthy, Safe and Active Lifestyles</u> Last week you planned a healthy meal for yourself using foods from the 5 food groups. This week you are going to help an adult in your house prepare a healthy meal.</p> <p><u>ON PAPER/ IN BOOK:</u> Fill in the sheet to show what healthy meal you prepared with an adult and your family enjoyed together.</p> <p>Exercise Go outside and into your backyard, take a walk to the park with an adult or find a space inside. Practice doing a jumping twist.</p> <ul style="list-style-type: none"> • Twist one way, staying on the spot • Jump and twist the other way staying on the spot • Use your arms to help you twist left and 	<p>This activity is very similar to mindful breathing, but with the added benefit of doing it with someone. It can be used at the start, the end of the day or any time you need to find calm in the midst of your day.</p> <p>Find a partner. This can be a brother, sister, Mum, Dad or someone else who lives with you. Sit back-to-back with your partner. Sit up straight and gently close your eyes. Slowly breathe in through your nose and count 1, 2, 3 in your head. Hold the breath for 1, 2, 3. Slowly breathe out through your mouth and count 1, 2, 3 in your head. Repeat these steps for at least 3 minutes while you think about the questions below.</p>
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right.

This exercise will work your core muscles.



- How can you tell that your partner is breathing?
- Did you breathe at the same time as your partner?
- What does their breath feel like, is it fast or slow?
- What feelings did you feel while breathing with your partner?
- Do you feel closer to your partner after doing this exercise?



Optional Tasks - Stage 1 KSPS

Library Activity - Complete the library activity in your pack / posted on Seesaw and share a picture of your work. Go to the [Library Pages of the KSPS Learning hub](#) and listen to some great stories.

Please check the DoE Learning from Home hub or the KSPS Resource Hub website
<https://education.nsw.gov.au/teaching-and-learning/learning-from-home>

Do – Cosmic Kids Yoga on YouTube

Check out the ABC Kids website – abc.net.au OR Tim Faulkner from Australian Reptile Park on Facebook, Instagram & TikTok

Check out Taronga Zoo live cams on YouTube.

Login to Epic and read a story. You have your login details on your login sheet.