



KINGSWOOD SOUTH PUBLIC SCHOOL

STRIVING FOR EXCELLENCE

Be Safe

Be Respectful

Be a Learner

Wednesday 24th March 2024

SCHOOL CROSS COUNTRY

Dear Parents and Carers,

We will be holding the school cross country carnival for Years 3-6 on Wednesday 10th April, 2024 starting at 9.20am. Year 2 students who are turning 8 this year are also eligible to compete. All races will be within school grounds.

All students are expected to compete on the day, making a sound attempt to finish the course. House points will be awarded for participation as well as finishing within the top ten places in the race. Any students who are unable to compete because of illness or injury will need to bring a note from their parents or carers.

Students are encouraged to wear a t-shirt in their house colour. They must be wearing their school shorts, have appropriate shoes for running and also be wearing their school hat.

Distances

8/9/10 yrs

2000m

11/12/13 yrs

3000m

As students will be outside for most of the day, please ensure your child brings two bottles of water, their school hat and have applied their sunscreen on the day. They should also bring any health needs such as asthma puffers or epipens with them out to the course on the day.

We are able to welcome parent spectators to our cross country event this year. All spectators will be required to sit in a designated area on the basketball court.

Please Note: the top 6 competitors from each age group will qualify to attend the Penrith Zone Cross Country Carnival. However, the number of students entered to compete at the Zone Cross Country Carnival is at the discretion of the event organising teachers. They will receive a permission note shortly following our carnival. The Penrith Zone Cross Country Carnival will be on Wednesday 15th May 2024. If a student who is given a note cannot attend the Penrith Zone Cross Country Carnival they need to let Mrs Tye know A.S.A.P.

Ms Sandra Martin
Principal

Mrs Elisha Tye
Event Coordinator