



STRIVING FOR EXCELLENCE

Be Safe

# KINGSWOOD SOUTH PUBLIC SCHOOL

STRIVING FOR EXCELLENCE

Be Respectful

Be a Learner

15<sup>th</sup> March, 2024

## Epilepsy Awareness Day

Dear Parents and Carers,

On Tuesday 26th March, we at Kingswood South Public School will be celebrating Epilepsy Awareness Day. Epilepsy Day for us means encouraging inclusiveness and understanding.

Learning is tricky for all kids, but for a child with epilepsy, just getting through the day can be a struggle. Not only do seizures impact a child's growth, but the side effects of anti-seizure medication include fatigue and behaviour changes. A child knowing they are different from the other kids, can also be detrimental to their self-esteem.

In recognition for Epilepsy Day, we are asking that all our students mark the day by wearing something purple. It can be anything from purple socks, to a tee shirt or just a hair ribbon.

Students will also be engaged in a awareness lesson about Epilepsy to help educate them on the condition and how to respond if they see a child or person affected by a seizure.

Thank you for your anticipated support.

Kind Regards

Miss Martin  
Principal

