

Friday 6<sup>th</sup> June 2025

## B Kinder Day

Dear Parents and Carers,

The world could certainly use a little more kindness, so the purpose of B Kinder Day is to discuss kindness, to empower children and show us all that our actions do matter and we each have the ability to make a difference. B Kinder Day is celebrated worldwide and encourages thoughtfulness and empathy.

According to Mission Australia, 1 in 7 primary school students now has a mental health condition - ultimately leading to psychological problems in their adult life. A Trends in International Mathematics and Science Study (TIMSS) 2015 states that 1 in 5 Year 4 students experience bullying on a weekly basis. The need for kindness has never been greater.

To support our wellbeing programs, KSPS are going to celebrate B Kinder Day on **Monday 23<sup>rd</sup> June 2025**. During this day the children will be discussing what it means to be kind, how it feels to have kindness shown to you and they will also come up with some ways we can show kindness to others. All students will be making a card and writing to someone they care about. Students will then give the card to the person they have written to, increasing the ripple effect of kindness.

Our P&C will be selling some "kindness" merchandise on **Friday 20<sup>th</sup> June** and **Monday 23<sup>rd</sup> June from 2.00-3.00pm outside Room 1** for our KSPS community to purchase. Please see the attached poster for the items that will be available.

We encourage all students to wear mufti on this day. We would like students to be as colourful as they possibly can on the day. Those who purchase merchandise on Friday are encouraged to wear it on Monday. Please be aware that students must wear closed in shoes and they must have their shoulders and midriff covered. Students **will not need** a gold coin donation.

Yours Sincerely,



Ms S Martin  
Principal

Mrs M Looker  
Assistant Principal

